
November is Men's Health Awareness Month

November 1, 2019

PathGroup recognizes November as Men's Health Awareness Month, a month for male patients and their healthcare providers to communicate about common health conditions facing men in the United States.

According to a study performed by the Cleveland Clinic, only 3 in 5 men get an annual physical and 40% go to the doctor only when they fear they have a serious medical condition.¹ The Movember Foundation has nicknamed the month of November as "Movember" and encourages men to grow mustaches in support of men's health initiatives and to start conversations regarding health conditions that affect men like prostate and testicular cancers, obesity, mental health conditions, and suicide.²

During the month of November, PathGroup encourages healthcare providers to have open and honest conversations with their male patients which will ultimately lead to early detection and treatment of health conditions or diseases.

1. 60 Percent of Men Don't Go to the Doctor: Here's Why. EverydayHealth.com. <https://www.everydayhealth.com/columns/health-answers/why-men-dont-go-to-the-doctor/>. Published August 17, 2016.
2. Men's Health. Movember United States. <https://us.movember.com/mens-health>.