



URINE CYTOLOGY SPECIMEN COLLECTION INSTRUCTIONS FOR THE PATIENT

1. Void and discard the first morning urine.
2. Drink 6-8 ounces of fluid.
3. Label specimen cup with patient's name and today's (specimen collection) date.
4. Fill specimen cup $\frac{3}{4}$ full with second voided urine.
5. Screw on specimen cup lid tightly.
6. Complete Cytology Request Form. The completed form must include the patient's name, birthdate, address, insurance information (copy of insurance card, front and back), clinical data and clinical diagnosis (or ICD-9 code), date specimen collected, and name of physician ordering test.
7. Put specimen cup and request form in an MML plastic baggie.
8. Refrigerate specimen if delivery is delayed for more than one hour.
9. Take specimen to laboratory **as soon as possible** the same day, or place out for courier pickup.

MARIN MEDICAL LABORATORIES Cytology Department is located at:

1615 Hill Road, Suite C in Novato.

Phone number: (415) 209-6042

Fax number: (415) 209-6053